

ANXIETY

and the peace of God

Jesus says, "Don't be anxious!" Luke 12:22-34

Introduction.

- I. **What? (“Don’t be anxious about your life!”)**
- II. **So what? (Because you matter to your heavenly Father!)**
- III. **Now what? (Instead of anxiety about what you can’t control, trust your Father who is in total control!)**

Conclusion.

1. Right now, I am feeling anxious about _____.
2. If I remember _____, I'll be a different person.